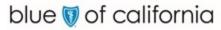
Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Reta Trust

Coverage Option: 5157 Reta Plan PPO 1500 80/60 Coverage Period: 07/01/2025 – 06/30/2026



Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information, see the Benefit Booklet for this coverage option or call 1-888-772-1076. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at http://www.healthcare.gov/sbc-glossary or call 1-866-444-3272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For <u>network providers</u> and <u>out-of-network providers</u> \$1,500 /individual or \$3,000 /family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Some <u>preventive care</u> is covered before you meet your <u>deductible</u> .	This plan covers some preventive care without cost-sharing and before you meet your deductible. See the Benefit Booklet for more details. The full list of preventive care services is found at https://www.healthcare.gov/coverage/preventive-care-benefits/, but not all of the listed preventive care services are covered by this plan.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network providers</u> \$6,000/individual or \$12,000/family; for <u>out-of-network providers</u> \$12,000/individual or \$24,000/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	<u>Copayments</u> on certain services, <u>premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>blueshieldca.com/fad</u> or call 1-888-772-1076 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical		What You	What You Will Pay	
Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$25/visit; deductible does not apply	40% coinsurance	None
If you visit a health	Specialist visit	\$40/visit; <u>deductible</u> does not apply	40% coinsurance	None
care <u>provider's</u> office or clinic	Preventive care/screening /immunization	No Charge	40% coinsurance	You may have to pay for services that are not preventive care. Ask your provider if the services needed are preventive care. Then check what the plan will pay for because not all preventive care services are paid for by this plan.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab & Pathology: 20% coinsurance X-Ray & Imaging: 20% coinsurance Other Diagnostic Examination: 20% coinsurance	Lab & Pathology: 40% coinsurance X-Ray & Imaging: 40% coinsurance Other Diagnostic Examination: 40% coinsurance	
	Imaging (CT/PET scans, MRIs)	Outpatient Radiology Center: No Charge Outpatient Hospital: 20% coinsurance	Outpatient Radiology Center: 40% coinsurance Outpatient Hospital: 40% coinsurance	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.
If you need drugs to treat your illness or condition. More information about prescription drug coverage is available at www.caremark.com	Generic drugs	\$10 copay/prescription 30-day supply (retail) \$20 copay/prescription 60-day supply (retail) \$30 copay/prescription 61-90 day supply (retail) \$20 copay/prescription (mail order)	Not covered	You can use Caremark mail order to fill your prescription for 90 days at the cost of only 2 times the copay that would apply to a 30-day retail supply. 30-day, 60-day, 90-day supply limit for retail. 90-day supply limit for mail order.

^{*} For more information about limitations and exceptions, see the Benefit Booklet

Blue Shield of California is an independent member of the Blue Shield Association.

Common Medical		What You Will Pay		Limitations Evacutions 9 Other
Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition Sign up at www.caremark.com to check your specific	Brand formulary drugs	\$30 copay/prescription 30-day supply (retail) \$60 copay/prescription 60-day supply (retail) \$90 copay/prescription 61-90 day supply (retail) \$60 copay/prescription (mail order)	Not covered	Specialty Medications must be filled at CVS Specialty Pharmacy. Visit www.CVSSpecialty.com or call Specialty Customer Care at 1-800-237-2767. 30-day supply limit for Specialty.
drug coverage and costs or call 1-800-844-0719	Brand non-formulary drugs	\$50 copay/prescription 30-day supply (retail) \$100 copay/prescription 60-day supply (retail) \$150 copay/prescription 61-90 day supply (retail) \$100 copay/prescription (mail order)	Not covered	
	Specialty drugs	\$50/prescription	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Ambulatory Surgery Center: No Charge Outpatient Hospital: 20% coinsurance	Ambulatory Surgery Center: 40% coinsurance Outpatient Hospital: 40% coinsurance	None
If you need immediate medical attention	Physician/surgeon fees Emergency room care	20% coinsurance Facility Fee: \$200/visit + 20% coinsurance; deductible does not apply Physician Fee: 20% coinsurance; deductible does not apply	40% coinsurance Facility Fee: \$200/visit + 20% coinsurance; deductible does not apply Physician Fee: 20% coinsurance; deductible does not apply	None
	Emergency medical transportation	20% coinsurance	20% coinsurance	This payment is for emergency or authorized transport.
	Urgent care	\$75/visit; <u>deductible</u> does not apply	\$75/visit; <u>deductible</u> does not apply	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	None

^{*} For more information about limitations and exceptions, see the Benefit Booklet

Common Medical		What You Will Pay		Limitations, Exceptions, & Other
Event	Services You May Need	Network Provider	Out-of-Network Provider	Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services Inpatient services	Office Visit: \$25/visit; deductible does not apply Other Outpatient Services: 20% coinsurance Partial Hospitalization: 20% coinsurance Psychological Testing: 20% coinsurance Physician Inpatient Services: 20% coinsurance Hospital Services: 20% coinsurance Residential Care: 20% coinsurance	Office Visit: 40% coinsurance Other Outpatient Services: 40% coinsurance Partial Hospitalization: 40% coinsurance Psychological Testing: 40% coinsurance Physician Inpatient Services: 40% coinsurance Hospital Services: 40% coinsurance Residential Care: 40% coinsurance	Preauthorization is required except for office visits and office-based opioid treatment. Failure to obtain preauthorization may result in non-payment of benefits. Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits.
If you are pregnant	Office visits Childbirth/delivery professional services	No Charge 20% coinsurance	40% coinsurance 40% coinsurance	Maternity care may include tests and services described elsewhere in this document (e.g. ultrasound).
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	

^{*} For more information about limitations and exceptions, see the Benefit Booklet

Common Madical		What You Will Pay		Limitations Evacutions 9 Other
Common Medical Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	20% <u>coinsurance</u>	40% coinsurance	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. Coverage limited to 120 visits per member per calendar year.
	Rehabilitation services	Office Visit: \$40/visit; deductible does not apply Outpatient Hospital: 20% coinsurance	Office Visit: 40% coinsurance Outpatient Hospital: 40% coinsurance	None
If you need help recovering or have other special health	Habilitation services	Office Visit: \$40/visit; deductible does not apply Outpatient Hospital: 20% coinsurance	Office Visit: 40% coinsurance Outpatient Hospital: 40% coinsurance	INOTIC
needs	Skilled nursing care	Freestanding Skilled Nursing Facility: 20% coinsurance Hospital-based Skilled Nursing Facility: 20% coinsurance	Freestanding Skilled Nursing Facility: 40% coinsurance Hospital-based Skilled Nursing Facility: 40% coinsurance	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. Coverage limited to 120 days per member per Plan Year.
	Durable medical equipment	20% coinsurance	40% coinsurance	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.
	Hospice services	20% coinsurance	40% coinsurance	<u>Preauthorization</u> is required except for pre-hospice consultation. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.
If your child needs	Children's eye exam	Not Covered	Not Covered	
dental or eye care	Children's glasses	Not Covered	Not Covered	None
activation by boats	Children's dental check-up	Not Covered	Not Covered	

^{*} For more information about limitations and exceptions, see the Benefit Booklet

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover	(Check your Benefit Booklet for more information an	d a list of any other excluded services.)
Alteration or reshaping body structures or tissues (other than reconstructive surgery)	Eye surgery	Religious, personal growth counseling or marriage counseling
Abortion procedures	 Gender reassignment services 	Routine eye care (Adult and child)
Artificial insemination	Genetic testing	Routine foot care
Assisted conception services	Hearing Aids	Sex reassignment services
Assisted suicide and euthanasia	 Infertility treatment 	Sterilization
Contraceptives	Long-term care	Third generation dependents
Cosmetic surgery	 Non-emergency care when traveling outside the U.S. 	Treatments using tissue from aborted fetuses or embryonic cells
Dental care (Adult and child)	Non-medically necessary services	Weight loss drugs used or prescribed for weight loss or weight control
Experimental or investigational services	Private-duty nursing	Weight loss programs

Other Covered Services (Limitat	ions may apply to these services. This i	sn't a complete list. Please see your <u>plan</u> document.)	
 Acupuncture 	 Bariatric surgery 	Chiropractic Care	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is shown in the chart below. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice or assistance, contact: the agencies in the chart below.

Contact Information for Your Rights to Continue Coverage & Your Grievance and Appeals Rights:

Reta Customer Service	1-877-303-7382
Blue Shield Customer Service	1-888-772-1076
Department of Labor's Employee Benefits Security Administration	1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform

^{*} For more information about limitations and exceptions, see the Benefit Booklet

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-346-7198

Tagalog (Tagalog): Kung kailanganninyo ang tulongsa Tagalog tumawag sa 1-866-346-7198

Traditional Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-346-7198

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-346-7198

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf 1-866-346-7198

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-866-346-7198

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye t 1-866-346-7198

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-866-346-7198

Your health benefits will be self-insured by your <u>Plan</u> sponsor. Blue Shield of California will provide certain administrative services for the <u>Plan</u> and will not be an insurer of the <u>Plan</u> or financially liable for health care benefits under the <u>Plan</u>.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

^{*} For more information about limitations and exceptions, see the Benefit Booklet

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of <u>participating</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost \$12,007	•	Total Example Cost	\$12,687
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In this example, Peg would pay:

Cost Sharing	
<u>Deductibles</u>	\$1,500
<u>Copayments</u>	\$300
Coinsurance	\$299
What isn't covered	
Limits or exclusions	\$61
The total Peg would pay is	\$2,160

Managing Joe's Type 2 Diabetes

(a year of routine <u>participating</u> care of a well-controlled condition)

■ The plan's overall deductible	\$1,500
Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

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Cost Sharing		
<u>Deductibles</u>	\$122	
Copayments	\$535	
Coinsurance	\$158	
What isn't covered		
Limits or exclusions	\$22	
The total Joe would pay is	\$837	

Mia's Simple Fracture

(<u>participating</u> emergency room visit and follow up care)

■ The plan's overall deductible	\$1,500
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

\$1,500
\$405
\$50
\$0
\$1,955